

Well54

Well-being à la Carte



Welcome to the Well54 Wellness Center!

Here we work to pursue three main goals: your Health, your Well-being and your Beauty!

We propose a wide range of treatments, following a simple concept: each person is a unique entity made of body, mind and spirit and must be treated, loved and preserved as such.

We invite you to visit our Center, where you will find a professional staff at your disposal in order to satisfy your needs.

Well54, the time we spend together is YOUR time! Come and choose your “tailor-made” treatment to experience an authentic emotion!

Well54



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Medical Care

Our medical staff at your disposal...

Your well-being is the main goal we want to pursue during your stay. We wish to give you a feeling of care, in order to remain in your thoughts while coming back to your daily routine. The well-being can be a choice: forget to look at the time and enjoy it!

A "TAILOR-MADE" PATH - Free service, on request

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We suggest all our guests this professional customized advice on the treatments you should undergo during the stay in our hotel, so that you can really try to solve your physical or emotional problems.

MEDICAL CHECK-UP (to undergo thermal treatments) € 45,00

MEDICAL CHECK UP € 45,00

BLOOD ANALYSIS on request

Our Wellness Center collaborates with a multi-specialist medical clinic. It is possible to take blood samples of different types, with or without medical prescription. The service is guaranteed by appointment in the comfort of our hotel premises. For further information, please contact the Well54 desk.

DIET ADVICE € 220,00

A medical specialist at your disposal to outline a diet suitable for your needs. Please, inform us about your wish to follow this wellness path while booking your room, so that you can begin the recommended diet, thanks to a personalized menu, during your stay at the hotel.

(A payment surcharge is needed for the personalized menu).

NATUROPATHIC CHECK-UP

Our body is a perfect machine, but it needs our care of course; to find our balance is an achievable goal with few precautions: we must learn from nature to be silent and to listen very deep to our needs.

By the way, ask about our **Alkaline or Detox Paths!** Two highly detoxifying and cleansing body treatments programs in association with a healthy personalized diet.

For further information, please contact the Well54 desk.

..... € 150,00

HYDROCOLONOTHERAPY

Soft intestinal washing.

..... € 290,00

HOMEO-MESOTHERAPY ANTALGIC, DETOX OR MERIDIANS

This medical therapy employs multiple injections into the subcutaneous tissue of small calibrated quantities of homeopathic remedies using very fine needles. The treatment is devoid of any type of contraindication or interaction with therapies taken by the guest.

..... starting from € 150,00 (1 Vial)

Thermal Care

The thermal water of Abano and Montegrotto basin falls into the category of deep and underground waters. It is unique because of the long distances it travels. The water comes from the uncontaminated basins of the Lessini Mountains in the Alpine foothills and flows underground through calcareous rock to a depth of 2000-3000 meters. While flowing it has a high temperature and pressure, which are held for a distance of approximately 80 km in an average period of 25-30 years. During this time and along this path the water is enriched with minerals until arriving at the Terme Euganee, flowing out with a temperature of 87°. The richness of the dissolved substances makes this **water a unique thermal resource**.

The thermal mud of Montegrotto is a mixture of clay, thermal water and microorganisms. Its application represents a treatment method for rheumatic complaints thanks to the recognized effectiveness in solving painful symptoms and limiting the inflammatory reaction that accompanies the damaging process to the cartilage. It is a **natural treatment** that helps also those suffering from joint diseases like arthrosis and osteoporosis.

MUD THERAPY

The phases.

- 1► **Medical Check-Up:** each guest who wishes to undergo a cycle of mud therapy must first go through a medical visit, in order to identify the best-suited care.
- 2► **Smearing:** warm mud is applied onto the skin and it is left on for about 20 minutes.
- 3► **Thermal Bath:** after the mud application, there is a short rinsing shower with thermal water and after that the patient is immersed in a bath of thermal water at a temperature of 37°-38° for about 10-15 minutes.
- 4► **Sweat Reaction:** after the bath, the guest is dried off with warm towels, after that it is suggested to lay down in the bed to facilitate the “reaction” brought on by bath-mud therapy.
- 5► **Post-mud Massage:** this is the last part of the session and it helps to relax the muscles while relieving any nervous tension.

APPLICATION OF THERMAL MUD AND THERMAL OZONE BATH	€ 45,00
APPLICATION OF THERMAL MUD ON HANDS OR FEET	€ 40,00
LIVER DETOX MUD AND THERMAL OZONE BATH	€ 45,00
FACIAL MUD AGAINST SINUSITIS AND HEADACHE	€ 45,00
POST-MUD MASSAGE (25 minutes)	€ 50,00
(only in combination with mud therapy)	
INHALATION OR AEROSOL WITH THERMAL WATER	€ 12,00

THERMAL PACKAGES

BRONZE PACKAGE

- 1 MEDICAL CHECK-UP
- 6 THERMAL MUD APPLICATIONS
- 6 THERMAL BATHS WITH OZONE
- 6 POST-MUD MASSAGE (25 min.)

Price per person € 550,00

SILVER PACKAGE

- 1 MEDICAL CHECK-UP
- 10 THERMAL MUD APPLICATIONS
- 10 THERMAL BATHS WITH OZONE
- 10 POST-MUD MASSAGE (25 min.)

Price per person € 895,00

GOLD PACKAGE

- 1 MEDICAL CHECK-UP
- 12 THERMAL MUD APPLICATIONS
- 12 THERMAL BATHS WITH OZONE
- 12 POST-MUD MASSAGE (25 min.)

Price per person € 1.050,00



THERAPEUTIC AND RELAXING BODY TREATMENTS

OSTEOPATHY SESSION

First global postural assessment and osteopathic treatment Global postural Assessment € 150,00

Taping or Moxa treatments on request.

1 session Osteopathic treatment (post global postural assessment) € 120,00

PHYSIOTHERAPY

1 session (50 min.) € 80,00

INDIVIDUAL HYDROKINESIS THERAPY

1 session (45 min.) € 90,00

INDIVIDUAL YOGA SESSION

on request

PERSONAL TRAINER

on request

MYOFASCIAL RELEASE

The therapist targets the tissue for resistance by feeling tightness, restrictions and adhesions in any place that may be causing pain or dysfunction. Myofascial Release is a form of soft tissue therapy used to treat somatic dysfunction and accompanying pain and motion restriction. This is accomplished by relaxing contracted muscles, increasing circulation and venous lymphatic drainage. This treatment stimulates the stretch reflex of muscles, offering long-lasting benefits.

(50 min.)

€ 85,00

THERAPEUTIC MASSAGE

Particularly recommended for those who suffer from osteoarticular problems. Normally recommended by the medical staff, in order to identify the part of the body to be treated.

(25 min.)

€ 58,00

(50 min.)

€ 80,00

CONNECTIVE MASSAGE

The deep tissue massage techniques can improve chronic degenerative alterations and rebalance the posture.

(50 min.)

€ 80,00

LYMPHATIC DRAINAGE MASSAGE

Lymphatic drainage massage is a form of gentle massage that encourages the drainage of lymph nodes and movement of lymph fluids around the body. It can reduce swelling by working the surface level of the skin.

(25 min.) legs or facial	€ 58,00
(50 min.) body	€ 80,00
(80 min.) facial and body	€ 125,00

PLANTAR REFLEXOLOGY

The energy meridians that cross our body terminate at the feet, where each organ mirrors itself. By stimulating the nerve endings on the sole of the foot, all the toxins are eliminated, the correct circulation of the vital energy is restored and overall balance is recovered.

(50 min.)	€ 80,00
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CRANIOSACRAL THERAPY

Therapeutic treatment with an important pain-killing effect carried out by ultra light pressure in order to balance the entire body structure, the energetic flow and the cerebrospinal fluid.

(50 min.)	€ 85,00
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DEEP TISSUE MASSAGE

It is a massage with a firm hand, suitable for those who want a deep body massage.

(25 min.)	€ 58,00
(50 min.)	€ 80,00
(80 min.)	€ 125,00



AROMATIC RELAX MASSAGE

It is a massage suitable for everyone, carried out with warm oil enriched with essential oils: it relaxes the muscles and gives a feeling of well-being by giving immediate relief to the most contracted areas. Thanks to the help of aromatherapy the mind relaxes, tensions melt away, the body finds new vitality.

(25 min.)	€ 58,00
(50 min.)	€ 80,00
(80 min.)	€ 125,00

If carried out for a couple in the same cabinet a € 15 surcharge per person is needed.

CANDLE MASSAGE

This massage is a sensory experience that pampers with aromas and the soothing heat created by the cosmetic candle. Very relaxing; the skin of the body will be deeply moisturized.

(50 min.)	€ 90,00
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HOT STONE MASSAGE

It is a massage with an extraordinary relaxing effect, performed with warm oils and basalt stones placed on specific energy points.

(50 min.)	€ 90,00
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COLD STONE MASSAGE

It is performed with cold stones and refreshing cream. It involves only the legs and gives an immediate sense of lightness and well-being. It is suitable during summer or periods with hot temperatures.

(25 min.)	€ 60,00
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LOMI LOMI MASSAGE

This massage comes from Hawaii and consists of various movements carried out with the forearms, acting deeply on the muscles and connective fascia. It has a significant decontracting, draining and anti-stress effect.

(50 min.) € 90,00

SHIATSU

This Japanese treatment involves stretching and a range of pressures with the fingers, the entire arm, the palm of the hands, elbows, feet and knees on specific points of the body to reactivate the energy flow and restore body balance, with significant analgesic effects.

It is recommended that you wear comfortable clothing.

(50 min.) € 90,00

THAI MASSAGE

It is a traditional healing system combining acupressure, Indian ayurvedic principles and assisted yoga postures. There is constant body contact between the giver and the receiver, but rather than rubbing on muscles, the body is compressed, pulled, stretched and rocked. The aim is to relax, relieve muscle and joint pain and temporarily boost the mood.

It is recommended that you wear comfortable clothing.

(50 min.) € 90,00

AYURVEDA

ABHYANGA

Complete massage on the entire body customized in accordance with the individual dosha, using warm oil enriched with pure essential oils. The massage aims at harmonizing the vital energies improving the circulation of the blood, eliminating toxins and increasing the status of physical and mental well-being.

(50 min.) € 90,00

SHIRO ABHYANGA

Shiro Abhyanga is an ayurvedic massage of the head that creates deep relaxation while eliminating nervous tensions. The head massage starts with soft movements on the spine which is warmed and stimulated and then reaches the shoulders and neck.

(50 min.) € 90,00

PADA ABHYANGA

The foot massage is very pleasant and relaxing and is a good way to release tension; it is performed with warm oil enriched with essential oils.

(50 min.) € 85,00

SHIRODARA

Shirodara is the most sensitive and deepest practice of the ayurvedic treatments: it relaxes the body with an initial abhyanga massage and clears the mind thanks to a thin stream of oil from temple to temple in a steady stream. This treatment is a wonderful journey of well-being, perfect for dissolving emotional blocks or tension..

(80 min.) € 150,00

PINDASWEDA

The Pindasweda is a warm and pleasant treatment from the ayurvedic medicine. The warm pads filled with natural herbs and spices relax the body and the muscles dissolving tension and pain.

(50 min.) € 90,00

3 Treatments 50 min. each € 250,00



GARSHAN - Draining effect

Treatment with osmotic mud, essential oils of ruscus extract, cypress and ginger. The massage is strong and has a draining and decongestant effect. The treatment is in combination with a purifying steam bath, called Swedana, during which a soft facial massage will relax you even more.

(80 min.) € 150,00

KAPHA - Slimming effect

This treatment combats the toughest cellulite with its deep and total body technique. The metabolism is stimulated by spicy essential oils and citrus; a particular osmotic mud will be applied on the body prior to a purifying steam bath called Swedana. During the steam bath, a soft facial massage will relax you even more.

(80 min.) € 150,00

UDARA - Combats swelling and abdominal problems

It consists of a deep massage on the stomach with the use of vegetable oil, osmotic mud and specific essential oils. The treatment fights against swelling problems and is suitable for an irritable colon. It is carried out in combination with a purifying steam bath, called Swedana, during which a soft facial massage will relax you even more.

(50 min.) € 105,00

ART REUM - To treat backaches

It is a specific massage to treat backaches and is carried out with essential oils for a relaxing effect: it acts on the reflex points of the spine to offer total well-being. The treatment is in combination with a purifying steam bath, called Swedana, during which a soft facial massage will relax you even more.

(50 min.)

€ 105,00



Fango UNIKO bio

“Zero-Mile” Well-being Philosophy... Because Tradition is an innovation!

The “Zero-Mile” Well-being Philosophy explains the wish to rediscover our origins, coming back to nature and taking advantage from our precious thermal resource, our **Fango UNIKO Bio**.

This line of treatments is really “home-made” and completely natural, it is suitable for all skin types. Applied to the skin of the face, it offers a new glow and a sensation of immediate lightness. Applied on the legs is a valuable aid in fighting cellulite, draining edema or reducing swelling.

This Philosophy is traditional but new, to make the difference in an authentic way!

UNIKO Bio Head & Hair

An exclusive treatment based on our unique thermal mud to decrease hair loss and give your hair a healthy look. A pampering treatment suitable for both men and women consisting of the application of a natural mask and a pack on the scalp, followed by gentle cleansing and massaging. A simple but effective treatment suitable also for treating oily skin.

(50 min.)	€ 105,00
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In combination with blow-dry	€ 145,00
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UNIKO Bio-Face

Detox and Brightening

The combination of mud and thermal water creates a precious mask that is applied to the face. The aim is the stimulation of cell regeneration and give new brightness and firmness to the skin. A gentle initial cleansing, followed by a peeling will prepare the skin for the application of the thermal mud mask. During laying, relaxing maneuvers will relax your neck, arms and hands. Finally, a relaxing massage with mango butter will reactivate the microcirculation and will eliminate swelling.

Also recommended for men, after shaving before carrying out the treatment.

(50 min.)	€ 95,00
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In combination with Oxy Hi-Tech (80 min.)	€ 135,00
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In combination with Radiofrequency Hi-Tech (80 min.)	€ 145,00
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WATER Dren UNIKO

Refreshing treatment for light and relaxed legs

Bandaging of the lower limbs with Uniko Bio mud enriched with essential oils with a draining effect.

A toning massage with cold stones will follow and refresh. Effective for counteracting and eliminating swelling and giving lightness to tired legs. Ideal in the summer or after a busy day, for those who have a sedentary job or, on the contrary, spend the day on their feet.

(50 min.)

€ 105,00



Ligne St. Barth, Body & Face Experience

The exquisite elixirs and spa treatments offered by the Ligne St. Barth will lead you into the relaxing world of the Caribbean. Exotic oils and fragrances extracted from the Caribbean tiaré flower, lily or the pure essence of vanilla will soothe your soul and indulge your senses. Taste the fresh exotic fruit mousse before it is blended with our high-quality elixirs to create rich and nourishing peels and masks.

PURENESS - Facial Treatment

Face and décolleté treatment with hand massage, customized for all skin types. Luxuriate in an exceptionally gentle treatment that will pamper your face and neck; enjoy the fresh fragrances of these natural elixirs! Your skin will be left feeling clean, fresh and smooth.

Also suitable for men.

(50 min.)

€ 85,00

SOFTNESS - Body Peeling and Massage with Avocado Oil

Body peeling for those who want a smooth and velvety skin. Papaya enzymes, fresh yoghurt, coconut and special Caribbean beach sand will remove the dead skin cells. Pure avocado oil will leave your skin nourished thanks to a relaxing massage. This is the ideal treatment for a long-lasting and uniform tan.

(50 min.)

€ 105,00

SLIMNESS - Lymphatic drainage and Slimming Wrap

Fast relief and drainage for beautiful and slim legs. The ivy gel stimulates the circulation and promotes drainage reinforcing the venous structure and stimulating the lymphatic system. Menthol and camphor oil activate microcirculation and have a refreshing and revitalizing effect.

(50 min.)

€ 105,00

OCEAN DREAM - Deep relaxation massage

An exclusive deep relaxation body treatment using hot shells and avocado oil. It gently releases tension and relieves stress, it also moisturizes and nourishes the skin with valuable minerals and vitamins.

(50 min.) € 110,00

HARMONY - Sensory massage

Enjoy a gentle relaxing massage. You can choose from coconut oil for intensive moisturizing, avocado oil for particularly delicate skin, or ivy and menthol gel to reinforce the skin tissue. To complete this sensory experience, a touch of body lotion with the fragrance of vanilla or tiaré flower or lily.

(50 min.) € 105,00



Maison Sothys, luxury facial & body treatments

LE SOIN PROFESSIONALE, The Fundamental

Specific professional treatment for facial cleansing with an innovative technique. Suitable for all skin types, for a clean, smooth and renewed face with a luminous and uniform complexion. A face and décolleté cleansing is the first necessary step, to prepare the skin first for a detoxifying and exfoliating scrub with white clay and then for a peeling to stimulate cell renewal. A light squeezing will remove residual blackheads if necessary. At the end, an oxygenating mask with citrus and floral notes will give a new light to the complexion.

(50 min.)

€ 85,00

SOIN DETOX ENERGIE

Intensive treatment to give a vital breath to the skin by improving the physiological defenses in every environmental situation and protecting it from the effects of pollution that can accelerate skin aging. Suitable for all skin types, it leaves a regenerated face and a radiant, detoxified and revitalized complexion. The Digi- Esthétique technique, consisting of massaging, makes the treatment very effective, pleasant and relaxing.

(75 minuti)

€ 135,00

SOIN HYDRA HYALURONIC ACID, Hydrating intensive Treatment

Hydrating intensive treatment to flood the skin with well-being and provide it with a sensation of absolute hydration. It is suitable for all skin types, the benefit is plumper skin. An initial enzymatic exfoliating gel will deeply clean your skin and prepare it to receive three different masks. They will soften and hydrate your skin on face, neck and décolleté. Throughout the treatment, specific movements and massages will be performed.

(75 min.)

€ 135,00

SOIN JEUNESSE, Youth Intensive Treatment

A targeted treatment to fight the signs of ageing: wrinkles and skin lacking in tone. It is suitable for all skin types, the benefit is younger looking skin. Specific professional products with a fruity and flowery fragrance are highly nourishing and have a tightening effect on your face. During the treatment, relaxing movements and special techniques will be performed to reactivate your circulation.

You will feel and look younger in just one session.

(75 min.)

€ 135,00

PRESCRIPTION JEUNESSE SOTHYS

Sothys offers the right solution to support and strengthen the eye contour, for a rested and lively look. A treatment designed to reawaken the youth of the gaze, thanks to unique maneuvers and Sothys porcelain accessories. To instantly recover a luminous and vital eye contour area.

(50 min.)

€ 85,00

SEASONAL OXYGENATING TREATMENT

A ritual that varies according to the rhythm of the seasons. It is carried out with delicious notes: scrub, double mask and relaxing massage for revitalized and radiant skin. Enriched with energizing and vitamin-enhancing active ingredients, the Sothys seasonal treatment refreshes and recharges your face with new energy.

(50 min.)

€ 135,00

LE SOIN EXCELLENCE SECRETS DE SOTHYS, Face

No treatment has ever been so effective: an unforgettable well-being experience for luminous facial skin. A perfect make-up removal with scented warm towels will cleanse your skin to start, after that, exfoliation with a special facial cleansing brush will relax your senses. Liftoplastic serum, plumping modelling balm is applied with the new Digi-Esthétique technique.

A treatment enriched with Sothys Rose stem cells and porcelain flower extract to lastingly regenerate the skin. Conclude with a cool effect using the modelling porcelains that have been chilled in a bowl of iced water. An express beauty make-up session will make you feel even more beautiful.

(75 min.) € 155,00

In combination with Secrets de Sothys, Body (130 min.) € 255,00

LE SOIN EXCELLENCE SECRETS DE SOTHYS, BODY

The Sothys Secrets ritual elegantly and stylishly combines the ingredients for the ultimate unique treatment, an unforgettable well-being experience. Right from the first treatment your body will be deeply relaxed: you will never feel as good as after a treatment. Scented water will perfume the cabin and your towel, giving you a sense of sensorial abandonment right from the beginning.

The movements of the Digi-Esthétique technique are your special welcome. A delicate scrub will leave your skin soft and silky, ready to receive a nourishing massage carried out with a special butter which turns into oil with a floral and fruity fragrance.

(50 min.) € 135,00

In combination with Secrets de Sothys (130 min.) € 255,00

HANAKASUMI, Sothys

Hanakasumi is derived from the Japanese ritual bath ceremony. It involves a double exfoliation during a sensorial escape perfumed with cherry blossom and lotus. A gentle massage will be performed with shea butter giving an enveloping sensation, leaving the skin nourished, soft and silky.

(50 min.) € 115,00

SOIN MOUSSE TRIPLE ACTION, Body Treatment Triple Action

A complete slimming treatment which reduces the appearance of all types of cellulite and guarantees a new silhouette. A slimming and exfoliating peeling will be performed; next, relax wrapped in a warm towel. Then, specific serums will be applied on targetted areas, where needed, and modeled with vigorous and cupping movements. This treatment has a high detoxifying action.

(75 min.) € 135,00

SIGNATURE SLIMMING TREATMENT

A comprehensive slimming treatment to reduce the appearance of all types of cellulite.

This treatment starts by an incredible slimming peeling/wrap to smooth the skin, followed by customized body serums and an exclusive slimness modelling. A highly effective treatment.

(50 min.) € 115,00

Sothys, Only for Men

A unique scientific philosophy based on effectiveness, safety, nature and pleasure. An ability to innovate creating moments of real well-being. Sothys owns an art which makes the difference.

SOIN VISAGE ESSENTIEL, Specific facial Treatment for Men

An essential facial treatment to boost and detoxify men's skin, combining relaxation and efficiency for more resilient skin and impeccable complexion. It begins with an energizing deep cleansing on the face and the neck, after which a brightening mask with a boosting effect is carried out. While the mask is on, a massage on the head is performed with a vitality lotion, which contains volcanic rock rich in magnesium. A second mask according to the skin's needs is applied with an age-defying hydrating fluid.

The aroma is woody and musky.

(50 min.)

€ 105,00

SOIN SIGNATURE MINCEUR, Specific body Treatment for Men

This is a complete slimming treatment specifically for men. The therapist will perform an exfoliating peeling with wet hands using kneading movements; next, you will relax wrapped with heated towels. An energizing shower will give you freshness, so that your skin is prepared to receive a specific serum using vigorous and cupping movements. The treatment concludes with the application of an essential slimming product.

(50 min.)

€ 105,00



Beauty Hi-Tech

FACE OXYGEN TREATMENT

The treatment includes a facial cleansing, a peeling and a mask with a final massage.

A new and innovative system for oxygenating and regenerating face, neck and cleavage skin. Fast, efficient and gentle with natural and long-lasting results, which are already visible from the first session. This technologic equipment stimulates the oxygenation of tissues and blood circulation giving luminosity to the skin.

(50 min.)	€ 130,00
3 treatments	€ 360,00

FACIAL RADIOFREQUENCY

It is about stimulating your own collagen production; this non-surgical technology is primarily used to treat skin laxity by facial tightening.

(50 min.)	€ 140,00
3 treatments	€ 390,00



CAVITATION WITH LYMPHODRAINING MASSAGE

The cavitation is a new fat removal and non-invasive technique with an immediate result: it delivers further additional fat reduction within the week following the procedure. This technology uses an ultrasound technique. For a greater effectiveness it is completed with a lymphodrainage massage. The treatment is painless.

(50 min.) € 130,00

BODY RADIOFREQUENCY

The radiofrequency is a technique that takes advantage from electromagnetic waves to restore skin elasticity; it is suitable to reduce swelling, fight cellulite and create tone to the skin. It is painless and very relaxing.

(50 min.) € 140,00

It is carried out with a specific serum and a final massage.

3 Treatments € 390,00

Aesthetic Medicine

FREE MEDICAL -AESTHETIC ADVICE

It includes an evaluation according to the guest wishes and features guaranteeing a natural result.

NEEDLE-FREE SKIN BIOSTIMULATION (PRX)

Areas that can be treated: face, neck, cleavage and hands. It is carried out with mandelic acid; after three or four days, the treatment causes normal light peeling which indicates cell regeneration. It can be repeated twice a week in the same area.

..... starting from .. € 300,00

FACE, NECK AND CLEAVAGE REJUVENATION with hyaluronic acid and/or vitamin complexes

Anti-aging method that allows the delivery of active ingredients at the dermal level to promote cellular metabolism, increase skin tone and brightness. The effect lasts from two to three months.

..... starting from .. € 250,00

HYALURONIC ACID-BASED FILLER

Anti-aging treatment for the correction of medium and deep wrinkles, which harmoniously restores volume and gives a toned and luminous appearance to the face.

..... starting from .. € 500,00

BOTOX

To reduce expression lines on the forehead, as well as crow's feet in the eye area, and give the skin a relaxed, young and fresh appearance. The effect is immediate and lasts for about four or five months.

..... starting from .. € 550,00

NON-SURGICAL FACELIFT

The treatment gives new elasticity to the facial tissues through the stimulation and formation of fibrosis.

..... starting from € 600,00

MEDICAL MESOTHERAPY FOR CELLULITE AND FAT REDUCTION

This medical treatment consists of an injection of small quantities of a pharmacological solution delivered via tiny needles into the subcutis. The aim is to detoxify the body from excess waste as well as to eliminate water and tone the tissues.

..... starting from € 150,00

REMOVAL OF SKIN SPOTS AND XANTHELASMA

Non-invasive treatment to eliminate dark spots and other blemishes.

..... starting from € 250,00

WELLNESS FOR TWO

In the Private Spa Suite you can have couple massages and treatments with a deep relaxation time in the Turkish bath, where there are warmed benches and an emotional shower with chromotherapy. Enjoy your special moments!

CHILL OUT - St. Barth Selection

A deep sensory experience. This treatment begins with a cleansing Turkish bath with a natural papaya scrub, after which a full body massage with hot shells and avocado oil will lead you into the Caribbean world of the Ligne St. Barth. A facial mask with green clay and pineapple mousse or pink clay with passion fruit mousse according to your skin type will totally pamper you. Conclude with a moment to have a drink together, enjoying your privacy.

(100 min.) per person € 160,00

SENSATION - St. Barth Selection

A well-being path for couples: a scrub in the Turkish bath cleanses your skin deeply, preparing it for a pleasant and aromatic body mask, you can choose from Vanilla, Lily or Tiaré flower. Next, a final massage will help the absorption of the mask, so that you can remember this sensory experience throughout the day. The experience concludes with a moment for a drink together, while enjoying your privacy.

(70 min.) per person € 140,00

ORIENTAL EMOTION

A complete and seductive treatment for the couple. You will be delighted by the spicy aroma of a body peeling with cinnamon, sugar and ginger; after that a black soap savonage will lead you into the oriental atmosphere of the true hammams. You can have a rest in the Turkish bath with chromotherapy to be ready for a soothing massage with a precious argan oil.

Finally, you are free to have a drink together. A peaceful moment to enjoy with a free and quiet state of mind.

(70 min.) per person

€ 130,00



OPI ProSpa, Manicure & Pedicure

OPI PROSPA EXCLUSIVE MANICURE

A moment of pleasure to take care of your hands with essential OPI ProSpa products and techniques.
The unmissable treatment for an impeccable image.

€ 65,00

with semi-permanent OPI Color*

€ 90,00

OPI PROSPA PAMPER MANICURE

The first-class choice for a beauty & care treatment for your hands, benefiting from unprecedented exfoliation, hydration and protection combined with a relaxing and delicate massage.

€ 80,00

OPI PROSPA SIGNATURE PEDICURE

This one is for you. This treatment is carried out with an innovative dry technique and includes a soak, exfoliate and smoothing of callused feet. This service is completed with a regiment of massage and pressure techniques to reduce stress and relieve tension.

€ 70,00

with semi-permanent OPI Color*

€ 95,00

OPI PROSPA PAMPER PEDICURE

The OPI Pro Spa Pamper Pedicure consists of callus softening, exfoliation as well as moisture & protection. An extended massage combined with acupressure to reduce stress, relieve tension will leave you feeling relaxed and renewed.

€ 85,00

*Removal and/or gel application not foreseen

DEPILATION (25 min.)	€ 60,00
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DEPILATION (50 min.)	€ 90,00
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HAIRDRESSER SERVICE

BLOW DRY - Shampoo, conditioner, lotion and blow	€ 43,00
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CURATIVE MASK - in combination with blow	€ 25,00
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HEAD MASSAGE WITH VIAL - in combination with blow	€ 25,00
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COMPLETE HAIR CUT	€ 30,00
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HAIR DYE AND PERM	on request
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Well54, Etiquette Warnings

Opening hours Well54 (call 940)

Everyday fom 8.00 am to 8.00 pm

Reservations

The treatment reservation can be done calling directly, writing an e-mail or at our desk during your stay. It is recommended to show up a few minutes before the scheduled time.

Cancellation Policy

If you wish to change or cancel an appointment, please notify the reception desk at least 24 hours before the scheduled time or we will charge you the amount of the treatments you reserved.

Valuables

Please, do not wear jewelry or valuables. The Hotel is not responsible for lost or forgotten valuables.

Children and Minors

Minors between 12 and 16 can enter the Wellness Center only if accompanied by an adult.

Health and Pregnancy

If you have any health problems (including allergies or intolerances) please inform us. Pregnant ladies are advised to consult the doctor before taking spa treatments.

Etiquette

Please do not use mobile phones, computers or cameras. Please, speak in a low voice. Smoking is forbidden. Thank you.

Beauty Gifts

You can buy our beauty products or decide to give them to your family and friends as a souvenir of your stay. You can ask our staff about further information.

Tips

A relaxing warm shower is recommended to get you in the right mood for your treatment.
Please, inform your therapist about your preferences, so that he/she can satisfy your expectations.

All treatments are subject to availability.

FURTHER USEFUL OPENING HOURS

Fit54: 6.30 am - 9.00 pm (entry allowed maximum to three persons at the same time)

Pools & SPA: until 11.00 pm

RoofTop54: 10.00 am - 11.00 pm

Sauna area (textile free) on the RoofTop54: open from 1.30 pm until 11.00 pm

Emotion Zone SPA: 10.00 am - 11.00 pm



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